

IMPACT OF FEEDBACK METHODS ON SKILLS LEARNING OF BADMINTON

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(Received April 22, 2012, accepted May 14, 2012)

ABSTRACT

The present study was conducted to measure the effects of different feedback methods on the learning of two badminton skills among students of physical education. The study was conducted on 20 male students from Govt. College of Physical Education, Ganderbal, Kashmir and their aged ranged between 18-21 years. They were divided into two equal groups. Both the groups were given instructions for two badminton skills viz. clear and smash. Both the groups were given different instructions. Group 1 was instructed the correct execution of skills and Group 2 was instructed the errors in execution of the skills only. It was an eight week training experiment. Pretest was conducted in the beginning and post test was conducted after the completion of the eight week training program to compare the improvement of the learning skills in the students. To calculate the results of both the skills for both the groups, the pretest and post test scores were compared by applying t-test, the degree of freedom was set at 0.05 level of confidence. The result showed significant difference between pretest and post test scores of both the groups and for both the skills.