

## **A COMPARATIVE STUDY OF REACTION TIME AMONG NATIONAL VOLLEYBALL PLAYERS**

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### **ABSTRACT**

*This study was carried out to determine visual reaction time in terms of simple and choice visual reaction time of volleyball players playing at all positions viz., smashers, blockers, universal, liberos and setters. Total 61 athletes were selected from 4 Volleyball teams during the training camps conducted at Sports Authority of India, Netaji Subhas Southern Centre, Bangalore. The sample was aged between 16-26 years. Audio Visual Reaction Time Apparatus (RTM-608) device was used to assess the reaction time. One-Way ANOVA was applied to assess the mean differences among the players. The results shown a difference in Choice Visual Reaction Time (CVRT) among players at different positions and it found to be statistically significant.*