TEAM COHESION BETWEEN NATIONAL YOUTH AND JUNIOR VOLLEY BALL PLAYERS: A COMPARATIVE ANALYSIS

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(Received April 30, 2013, accepted May 20, 2013)

ABSTRACT

The present endeavor was planned to investigate team cohesion among national youth and junior volley ball players. Total thirty five players were drawn from national camps conducted at Sports Authority of India, Netaji Subhas Southern Centre, Bangalore. The Sample consists of 16 youth and 19 junior national volley ball players. The sample was age ranged between 14-19 years. Team cohesion questionnaire developed by Carron, Widmeyer and Brawley (1985) was used to assess team cohesion among the subjects. Independent t-test was applied to assess the mean differences between youth and junior players. The results revealed that there were no significant differences between youth and junior volley ball players with regarding to group cohesion. But the mean differences have shown that junior volley ball players were better on team cohesion in terms of liking each other, working together, perception of closeness, similarity to team members and bonding to group as a hole as compared to youth volley ball players.