

INFLUENCE OF SELECTED SKILL FACTORS ON PLAYING ABILITY AMONG SUB ELITE SOCCER PLAYERS

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ABSTRACT

The purpose of the present investigation was to analyse the relationship between the selected skill performance variables with the playing ability and the influence of skills on the playing ability among the soccer players of midfield playing position. 20 male soccer players (midfielders) who are participated in National championships from Puducherry Union Territory, India, age ranged between 20 and 25 years were selected by random sampling technique (n=20). To assess the playing ability of the subjects, the rating technique was followed by using three experts. The skill performance (short pass, long pass, foot receiving and passing, thigh receiving and passing, chest receiving and passing, Defensive heading, attacking heading, dribbling and shooting) was quantified by adopting appropriate tests. The test reliability at 0.01 level of significance was established by the investigator by test retest method for 10 soccer players. Among the selected skills, short pass (0.824; $p<0.01$), attacking heading (0.846; $p<0.01$), defensive heading (0.752; $p<0.01$), shooting (0.732; $p<0.01$) had positive significant relationship with the playing ability of the midfielders. The result shows that among the selected skills, attacking heading (71.6%), shooting (13.2%), short pass (4.9 %), foot receiving and passing (3.3%) are very much influencing the playing ability of midfielders. Finally, 93% of playing ability of midfielders is mainly due to the above four skills.