

IMPACT OF GENDER AND LEVEL OF PARTICIPATION ON SELF ESTEEM OF INDIAN ARCHERS DURING SENIOR NATIONAL ARCHERY CHAMPIONSHIP

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ABSTRACT

Self esteem is a judgment of oneself as well as an attitude toward the self and it is very important for every athlete. The purpose of the study was to investigate the impact of gender and level of sports participation on self-esteem of Indian Archers during Senior National Archery Championship. Total sample size N=140 where 60 International Archers (male=30 and female=30) and 80 National Archers (male=40 and female=40) age ranging 18 to 30 years were randomly collected during Senior National Archery Championship 2013, which was held in Ranchi, Jharkand. Rosenberg Self Esteem Inventory (Rosenberg, 1965) was used as a criterion measure for self esteem. Mean, Standard Deviation, Two-Way ANOVA and Post-Hoc analysis are employed as statistical techniques for computation of data. Result of the analysis showed that the statistically significant difference found between International and National level Archers and no statistically significant difference exist between Male and Female on their self-esteem.